SUMMER 2024



SUNDAY SERVICE TIMES

ENGLISH

9, 10:30AM, NOON & 6PM

SPANISH

10:30AM & NOON

NEPALESE

9:30AM







15941 VIRGINIA AVE. PARAMOUNT, CA 90723 562-531-6820 WWW.FRC.LA

SUNDAYS

NURSERY (0-3 YRS)

9am, 10:30am, 12pm & 6pm | Nursery - Our nursery is a safe, loving environment for kids to play with other kids their age while their parents attend church. We have a great staff and loving volunteers! All staff and volunteers are screened and background-checked, so you can confidenly trust your kids in our capable hands! Contact: cathy.lewis@erc.la or 562-272-4982.

SUMMER CHILDREN'S CHURCH

9am, 10:30am, 12pm & 6pm | Education Building - Join us for fun stories, crafts, activities, and interactive learning from the Bible. Our hope is, this summer, kids of all ages will experience the bigness, fullness and depth of who God is. Children's Church is a great way for your children to engage in the Bible, with each other and with God as they grow and make new friends this summer. Contact: cathy.lewis@erc.la or 562-272-4982.

HIGH SCHOOL GIRL'S BIBLE STUDY

9am | FH7 - High School girls are invited to step into this indepth study titled, Ashamed. Where we'll move beyond shame to the joy-inducing, peace-producing thrill that comes from a relationship with Jesus. Contact: bailey.talsma@erc.la or 562-272-4990.

MONDAYS

CARE TEAMS

6:30-8pm | Brick Building - Let's serve God by caring for the church through prayer, calls, visits, cards, texts and emails. All are welcome to these weekly meetings- come as you are and as frequent as you like, no experience needed. Contact: mike.kim@erc.la.or 562-272-4996

TUESDAYS

KEENAGERS

10am-Noon | Chapel - Join other "senior saints" for a time of fellowship and growing. This group is open to those 55 and older. Join this loving, caring group who encourage and support each other, and have fun together! Contact: christie.palmer@erc.la or 562-972-3882 / Bonnie Ridenour 562-972-4763.

MANUSCRIPT STUDY - ROMANS

6/18 - 8/6 | 6:30-8pm | Fellowship Hall - Men and women are welcome to join us as we work through Romans. We will read through the whole book and study key Scripture together. This study is great for beginners as well as seasoned believers. We'd love to have you join us for this interactive study. Contact: jody.gras@erc.la or 562-272-4969.

TUESDAYS (con't)

EDGE (6-8TH GRADERS)

5/28, 6/11, 6/25, 7/16, 7/30 | Times and locations TBA - We have lots of fun events planned throughout the summer for all 6th through 8th graders! Learn more and stay up to date by texting @jrhiedge to 81010. Contact: bailey.talsma@erc.la or 562-272-4990.

SPANISH DISCIPLESHIP CLASS

7pm | Brick Building - A time of worship, prayer and bible study. Contact: alexa.caballero@erc.la or 562-333-4033.

WEDNESDAYS

PRAYER & WORSHIP SERVICE

6-7pm | Sanctuary - Live worship, scripture meditation, and healing prayer will be made available. The night will allow you to come and go as you can. Contact: klarc.korver@erc.la.

ROCK

5/29, 6/12, 6/26, 7/17, 7/31 | Times and locations TBA - High Schoolers! We're hanging out this Summer! From Knott's Berry Farm days to pickleball tournaments! Learn more and stay up to date by texting @erchsm to 81010. Contact: bailey.talsma@erc.la or 562-272-4990.

CELEBRATE RECOVERY

6:30-8:30pm | Brick Building - Celebrate Recovery is a safe and supportive community where individuals can address their destructive or compulsive behaviors, unhealthy relationships, addictions (such as drugs, alcohol, food, and pornography), anger, shame, codependency (addiction to people and control), past abuse, and many other issues. It offers a place where people can find freedom from any hurt, hang-up, or habit that is making their life unmanageable. Contact: johanna.borrayo@erc.la or 562-713-0027.

YOUNG ADULTS

7-8:30pm | Sanctuary - Looking for community? Longing for encouragement and support in your faith journey? If the answer is yes, you should join us in the Young Adult ministry. This ministry is for those who have graduated high school and up to those in their late thirties. Contact: mike.kim@erc.la or 562-272-4996.

FRIDAYS

PROJECT HOPE FOOD BANK

8-10am | 8206 Alondra Blvd - Our weekly free food distribution to the local community. from the Los Angeles Regional Food Bank. We also have our weekly Pop Up Free Store of donated items such as clothing and household items, books and toys. Contact: mike.mckown@erc.la or 562-272-4962.

SATURDAYS

DATE NIGHT

1st and 3rd Saturdays | 4-8pm | Education Building - Date Night takes place every 1st and 3rd Saturday of the month! Parents, we encourage you to date your spouse! Go out to dinner and a movie or stay home and eat pizza! Your kiddos will have fun playing at church and making new friends! When you bring a sack dinner our staff will feed them. Date Night is \$12/child for 4 hours.

Register at www.erc.la/datenight or contact: jessica.higgins@erc.la or 562-272-4992.

DAILY / WEEKLY

EMMANUEL PRESCHOOL

Mon - Fri, Half or Full | 7:15am-6pm | Preschool - A fun safe place for children 2.5 years - 5 years prior to kindergarten (fully potty trained) We provide fun themed activities along with learning activities to enhance their academic skills. Contact: karrie.garcia@erc.la or 562-531-8762.

SUMMER DAY CAMP

June 10 - July 26 | Mon - Fri | 9am-3pm | Activity Center & Education Building - A fun and safe place for kids entering 1st-6th grade in the fall. Emmanuel Arts team will be joining us! Campers will learn new skills this summer such as beginning piano, drums, dance, singing, and art. Contact: mayte.hernandez@erc.la or 562-531-6820.

CHILDCARE/ MID-WEEK CHILDCARE

As Needed | During Ministry Events | Nursery - We encouage parents to attend any of these ministries without having to worry about childcare. All kids 12 and under are welcome -for FREE- for any mid-week groups. Please let the leader of the group know you need childcare, and register your children for free at www.erc.la/childcare. Contact: jessica.higgins@erc.la or 562-272-4992.

Download the ERC App to stay connected with all things going on at Emmanuel.



SPECIAL EVENTS

COUPLES COUNTRY NIGHT

Tuesday, June 11 | 6:30-8:30pm | Fellowship Hall - Join us for dinner, country music, and line dancing lessons with Stella! Dress Western for a chance to win a prize! Cost is FREE and Childcare is provided with pre-registration through the Emmanuel App. Please RSVP to christie.palmer@erc.la or 562-972-3882.

SUMMER CAMP (9TH-12TH GRADE)

June 17-20 | Alpine Retreat - We're heading to camp! Everyone going into 9-12th grade is invited! For four days we'll be hanging out with friends, playing fun games, and growing deeper in our relationship with the Lord. Contact: bailey.talsma@erc.la or 562-272-4990.

FIREWORK STAND

Saturday, June 29 - Thursday, July 4 | Alondra & Downey (Jack in the Box Parking Lot) - FIREWORKS! Buy your 4th of July fireworks from the TNT stand on Alondra and Downey (in the Jack in the Box parking lot) and support Emmanuel's Student Ministries program! Tell your friends!! Contact: bailey.talsma@erc.la or 562-272-4990.

VACATION BIBLE SCHOOL (VBS)

July 8-12 | 8:30am-12pm | ERC Campus - Vacation Bible School is the best week of the summer! VBS is a week-long adventure FREE for kids from Preschool to 6th grade. This year kids will spend each day diving deep into friendship with God at SCUBA VBS 2024. We will sing silly songs, play exciting games, and cheer for our teams... all while learning about Jesus and his amazing love. It is a great week! Sign your kids up early at www.erc.la/vbs. You will NOT want to miss this! Contact: cathy.lewis@erc.la or 562-272-4982.

COUPLES GAME NIGHT

Thursday, July 18 | 6:30-8:30pm | Fellowship Hall - Bring your favorite board game or card game to play with other couples. We'll start with pizza and end with an ice cream sundae bar! Cost is FREE, and Childcare is provided with pre-registration using the Emmanuel App. Please RSVP to christie.palmer@erc.la or 562-972-3882.

DIRT CAMP (6TH-8TH GRADE)

July 22-25 | Dogwood Campgrounds - Calling everyone headed into 6th-8th grade! It's time for the infamous Dirt Camp, where we spend 4 days in the mountains (aka the dirt). We'll be hanging out with friends, playing fun games, learning about our Creator, and conquering team initiatives. Contact: bailey.talsma@erc.la or 562-272-4990.

SUMMER ARTS DAY CAMP (AGES 5-18)

Monday, July 29 - Friday, August 2 | 10am-3pm | Activity Center - Theme this year will be based on the movie The Prince of Egypt. Instruments, dance, singing, art. There will be a short performance on the last day, Friday, August 2nd, in the afternoon for friends and family to attend. No prior artistic experience needed to be part of the camp. Cost of the camp is FREE. Space is limited. Sign up at www.erc.la/arts.

COUPLES/FAMILY BEACH DAY

Saturday, August 3 | 10am-2pm | Seal Beach - Lifeguard Tower #3 - Come join other Emmanuel Couples and Families for a fun day at Seal Beach! Bring your own lunch and something for the "shared food table" (optional). Games like Spike Ball and Smash Ball will be provided. Contact: christie.palmer@erc.la or 562-972-3882



Ballet/Gymnastics | Ages 3-5 Thursdays | 3-3:45pm | Dance Room **Ballet/Gymnastics | Ages 5-12** Thursdays | 3:45-4:45pm | Dance Room Ballet/Dance as Worship | Ages 8+ Thursdays | 4:45-6:15pm | Dance Room **Pilates for Women** Thursday | 6:15-7pm | Dance Room **Creating with Christ** Wednesdays | 4:15-5:30pm | Art Room **Worship and Prayer Art** Wednesdays | 6-7pm | Sanctuary **Drums - All Ages** Thursdays | 5-6pm | Robe Room **Guitar - All ages** Tuesdays | 5-6pm // Thursdays | 6-7pm **Beginning Keyboard | All Ages** Mondays | 6-7pm // Thursdays | 5-6pm **Keyboard 2** Thursdays | 6-7pm | Keyboard Room Singing Ensemble | Ages 7-18 Thursdays | 5-6pm | Choir Room **Acrylic Painting | Ages 8-13** Tuesdays | 6-7:30pm | Art Room

Go to www.erc.la/arts for more information and to register for classes. Classes are free.